

## MARTIN 8-HOUR SAFETY SEMINAR

Martin Safety's 8-Hour OSHA Training teaches your employees how to identify, prevent and rectify workplace hazards. *Unlike the voluntary OSHA-10 course that must take place over two days, Martin's 8-Hour OSHA Training can be completed in one day* and be counted as your company's regular OSHA mandated safety training. Best of all, it gets your employees back to work *faster*.



Martin's 8-Hour OSHA Training is taught by **OSHA Authorized Outreach Trainer, Malcolm Ritchie, BS, QSSP, HMTRI**, who has more than 20 years' experience in Safety and OSHA Compliance.



### TOPICS:

- ▶ Fire & Emergency Evacuation
- ▶ Lockout-Tagout
- ▶ Machine Guarding
- ▶ Confined Space
- ▶ Bloodborne Pathogens
- ▶ Hazard Communications
- ▶ PPE
- ▶ Respiratory
- ▶ Hearing Conservation
- ▶ Heat Stress
- ▶ Ladder Safety
- ▶ SDS
- ▶ Fall Arrest/Harness & Lanyards

**A Great Class  
for  
New Hires!**

To schedule your onsite 8-Hour Safety Training or to inquire about Martin's General Industry Safety Assistance Programs, call **256.627.0804**.

### CAN YOU SEE ALL OF THEM?

Every year OSHA publishes the top list of 10 most frequently cited standards so that employees can take steps to find and fix recognized hazards.

Use this guide to be proactive and focus on **prevention**.



#### 1 FALL PROTECTION, CONSTRUCTION

29 CFR 1926.501

Employers have a duty to have fall protection.

#### 3 SCAFFOLDING, GENERAL REQUIREMENTS, CONSTRUCTION

29 CFR 1926.451

Scaffold and scaffold component shall be capable of supporting, without failure, its own weight and at least 4 times the maximum intended load applied or transmitted to it.

#### 5 RESPIRATORY PROTECTION, GENERAL INDUSTRY

29 CFR 1910.134

A respirator shall be provided to each employee when such equipment is necessary to protect the health of such employee.

#### 2 HAZARD COMMUNICATION STANDARD, GENERAL INDUSTRY

29 CFR 1910.1200

The hazards of all chemicals produced or imported are classified, and that information concerning the classified hazards is transmitted to employers and employees.

#### 4 CONTROL OF HAZARDOUS ENERGY (LOCKOUT/TAGOUT), GENERAL INDUSTRY

29 CFR 1910.147

Minimum performance requirements for the control of such hazardous energy that may occur while servicing and maintaining of machines and equipment in which the unexpected energization or start-up of the machines or equipment, or release of stored energy, could harm employees.

#### 6 LADDERS, CONSTRUCTION

29 CFR 1926.1053

Requirements for all ladders as indicated, including job-made ladders.

#### 8 FALL PROTECTION TRAINING REQUIREMENTS

29 CFR 1926.503

The employer shall provide a training program for each employee who might be exposed to fall hazards.

#### 9 MACHINERY & MACHINE GUARDING, GENERAL REQUIREMENTS

29 CFR 1910.212

One or more methods of machine guarding shall be provided to protect the operator and other employees in the machine area from hazards such as those created by point of operation, ingoing nip points, rotating parts, flying chips and sparks.

#### 7 POWERED INDUSTRIAL TRUCKS, GENERAL INDUSTRY

29 CFR 1910.178

Safety requirements relating to fire protection, design, maintenance, and use of fork trucks, tractors, platform lift trucks, motorized hand trucks, and other specialized industrial trucks powered by electric motors or internal combustion engines.

#### 10 EYE AND FACE PROTECTION

29 CFR 1926.102

The employer shall ensure that each affected employee uses appropriate eye or face protection when exposed to eye or face hazards from flying particles, molten metal, liquid chemicals, acids or caustic liquids, chemical gases or vapors, or potentially injurious light radiation.

## ARE YOU OSHA COMPLIANT?

Too many preventable injuries & illnesses occur in the workplace. Talk to your Martin Sales Rep, call 888.828.8116 or visit [MartinSupply.com](http://MartinSupply.com) for products and custom tailored solutions to help identify and reduce these risks & hazards.