

## CONFINED SPACE TRAINING



Confined space incidents aren't the most common, but they can be the *deadliest*. That's because the hazards tend to be misunderstood or underestimated. And, many confined space fatalities involve not one, but two, victims: the worker and the rescuer.

OSHA's Permit-Required Confined Spaces Regulation was created to help prevent these incidents. **Martin's Confined Space Training Seminar** can help you put the regulation into practice and save lives.

- ▶ OSHA requirements for 1910.146 Confined Spaces
- ▶ Hazards Encountered in Confined Spaces
- ▶ Differences in Non-Permit vs. Permit Required Confined Spaces
- ▶ Permit Required Confined Spaces
- ▶ Acceptable and Non-Acceptable Atmospheric Conditions
- ▶ The 19.5 to 21.0 Oxygen Requirement
- ▶ Contaminants
- ▶ Permit Process
- ▶ Attendant Duties and Entrant Duties
- ▶ Communication: Tools for the Job and PPE
- ▶ Air Monitoring Requirements

Martin's Confined Space Training is taught by *OSHA Authorized Outreach Trainer, Malcolm Ritchie, BS, QSSP, HMTRI*, who has more than *25 years' experience* in Safety and OSHA Compliance.





## ALABAMA

### ▶ ANNISTON

1707-E HILLYER  
ROBINSON PKWY  
OXFORD, AL 36203  
(256) 389.3365

### ▶ BIRMINGHAM

141 COMMERCE CT  
PELHAM, AL 35124  
(205) 733.9292

### ▶ DECATUR

3401 HWY 20  
BUILDING J  
DECATUR, AL 35601  
(256) 355.6311

### ▶ SHEFFIELD

200 APPLETON AVE  
SHEFFIELD, AL 35660  
(256) 383.3132

### ▶ TUSCALOOSA

3718 11TH AVE  
TUSCALOOSA, AL 35401  
(205) 752.0421

## GEORGIA

### ▶ ATLANTA

(404) 346.2141

## INDIANA

### ▶ EVANSVILLE

4720 SPRING ST  
EVANSVILLE, IN 47711  
(812) 425.5167

### ▶ FORT WAYNE

1121 E WALLACE ST  
FORT WAYNE, IN 46803  
(800) 877.3555

## MISSISSIPPI

### ▶ JACKSON

125 RIDGELAND PLAZA  
RIDGELAND, MS 39157  
(601) 856.7385

## OHIO

### ▶ COLUMBUS

236 N HAYES ST  
BELLEFONTAINE, OH 43311  
(800) 877.3555

## SOUTH CAROLINA

### ▶ COLUMBIA

100 CENTRUM DR  
IRMO, SC 29063  
(800) 877.3555

### ▶ GREENVILLE

19 CONCOURSE WAY  
GREER, SC 29650  
(864) 848.1958

## TENNESSEE

### ▶ JACKSON

111-A GORDON ST  
JACKSON, TN 38301  
(731) 424.4300

### ▶ MEMPHIS

3088 LAKEVIEW RD  
MEMPHIS, TN 38116  
(901) 620.2732

### ▶ NASHVILLE

208 SPACE PARK  
GOODLETTSVILLE, TN 37072  
(615) 851.8040

## CORPORATE OFFICE

125 N COURT ST  
FLORENCE, AL 35630  
(800) 828.8116

