

CONFINED SPACE TRAINING



Confined space incidents aren't the most common, but they can be the *deadliest*. That's because the hazards tend to be misunderstood or underestimated. And, many confined space fatalities involve not one, but two, victims: the worker and the rescuer.

OSHA's Permit-Required Confined Spaces Regulation was created to help prevent these incidents. **Martin's Confined Space Training Seminar** can help you put the regulation into practice and save lives.

- ▶ OSHA requirements for 1910.146 Confined Spaces
- ▶ Hazards Encountered in Confined Spaces
- ▶ Differences in Non-Permit vs. Permit Required Confined Spaces
- ▶ Permit Required Confined Spaces
- ▶ Acceptable and Non-Acceptable Atmospheric Conditions

- ▶ The 19.5 to 21.0 Oxygen Requirement
- ▶ Contaminants
- ▶ Permit Process
- ▶ Attendant Duties and Entrant Duties
- ▶ Communication: Tools for the Job and PPE
- ▶ Air Monitoring Requirements

Martin's Confined Space Training is taught by *OSHA Authorized Outreach Trainer, Malcolm Ritchie, BS, QSSP, HMTRI*, who has more than *25 years' experience* in Safety and OSHA Compliance.

